

FPT Sexual & Reproductive Health Clinics



Family Planning Tasmania
sexuality education & clinical services

About FPT

Family Planning Tasmanian (FPT) provides quality, non-judgmental and supportive Sexual and Reproductive Health (SRH) services.

Our clinics operate in Burnie, Launceston and Glenorchy and through a number of outreach services.

- Our service is CONFIDENTIAL.
- Our service is INCLUSIVE.
- Our service is YOUTH FRIENDLY.

Pregnancy testing, counselling and referral

FPT clinicians provide supportive, non-directive, non-judgmental pregnancy counselling.

Information provided to clients with an unplanned pregnancy includes:

- Becoming a parent
- Adoption
- Termination of pregnancy - medical and surgical options and availability.

HPV Vaccine

HPV is a common virus that can cause genital warts and some cancers.

The three course vaccination is provided to girls and boys through the school vaccination program.

Young people who miss one or all immunisations can receive these at FPT.

Sexual Counselling

FPT provides information, treatment and referral for a number of sexuality and sexual health concerns including: premature ejaculation, impotence, altered libido.

Contraceptive Services

Talk with a Family Planning Tasmania clinician to choose a method of contraception that suits you.

Long Acting Reversible Contraceptives (LARCs) are our first choice of contraception

as they are the most effective at preventing pregnancy.

Contraceptive services include:

- Counselling and advice
- Contraceptive implant insertion and removal
- Depo injections
- Contraceptive Pill
- Emergency contraception
- IUD insertion and removal.

Low cost or free options may be available.

Sexually Transmissible Infections (STIs)

FPT offers screening and treatment for common Sexually Transmissible Infections (STIs) such as Chlamydia.

In most cases screening involves a simple urine test or a self-obtained swab.

FPT can assist clients to notify partners.

We also provide free condoms to reduce the risk of catching or transmitting STIs.

Other SRH services:

- Testing and treatment for common vaginal infections including thrush and Bacterial Vaginosis (BV).
- Information, advice and treatment for managing menopause.
- Menstrual management.

Pap Smear screening

FPT provides cervical screening according to the latest recommendations.

We advise screening every two years for women over 18 years who are sexually active (with men or women).