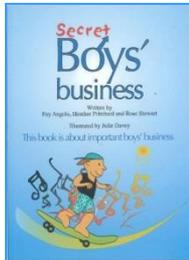


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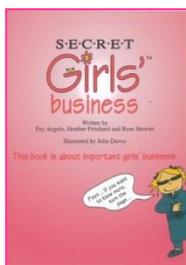


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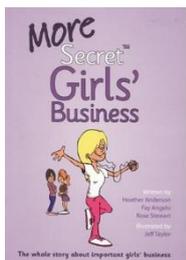
Secret Boys' business assists boys to understand the changes that occur in their bodies during puberty and beyond and provides hints for parents, teachers & carers

\$17.00



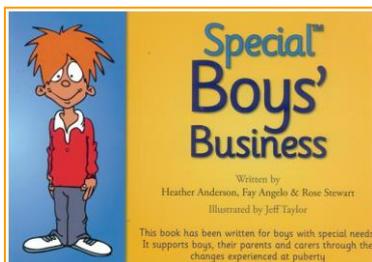
Secret Girls' business provides easy to understand information about growing up and periods. It will help dispel myths and fears by presenting accurate information in a colourful, child friendly format.

\$15.00



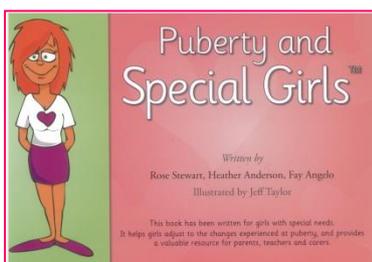
More Secret Girls' Business is a companion volume to Secret Girls' Business. In addition to information about periods, More Secret Girls' Business includes details about physical and emotional changes. It will give girls greater understanding and deeper knowledge about puberty and sexuality.

\$17.00



Special Boys' Business has been written for boys with special needs, including: intellectual disability, physical disability, communication disorder and autism.

\$40.00



Puberty and Special Girls has been written for girls with special needs, including: intellectual disability, physical disability, communication disorders; autism.

It helps girls adjust to the changes experienced at puberty and provides a valuable resource for parents, teachers and carers.

\$40.00

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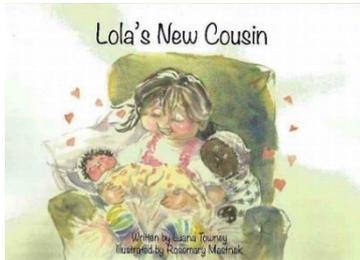
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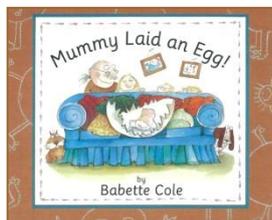
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Lola is going to visit her new baby cousin today. But what happens when the baby gets hungry? She drinks her mum's milk of course.

Lola's New Cousin is a delightful story, effortlessly normalising breastfeeding as part of baby's care. This book plants and nurtures a seed in the minds of children, helping new generations form positive ideas about parenting. Lola's New Cousin is a great asset for breastfeeding promotion.

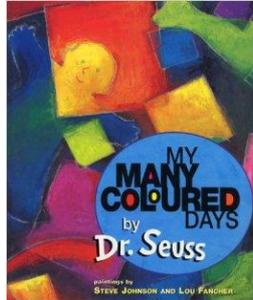
\$18.00



Mum and Dad decide it's time they told the children about the facts of life. Mum says that babies are made out of gingerbread or grown from seeds in the greenhouse. Dad says that Mummy laid an egg with the two children inside. So it's up to the children to put them right on a few things..

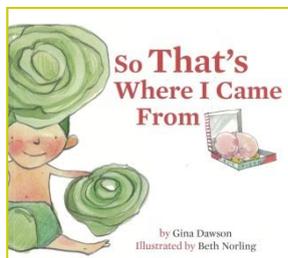
Funny, factual and frank

\$14.95



Some days are yellow. Some are blue. On different days I'm different too. Dr Seuss takes the reader on a journey through the many different moods that can be experienced in life.

\$16.95



So That's Where I came From will answer every question about the facts of life. Straightforward, up-to-date and inclusive, read it with your child and enjoy the time spent learning together.

The author teaches sexual education and the language used in this book has been tried, tested and approved by the parents and carers who have attended her classes.

\$19.99

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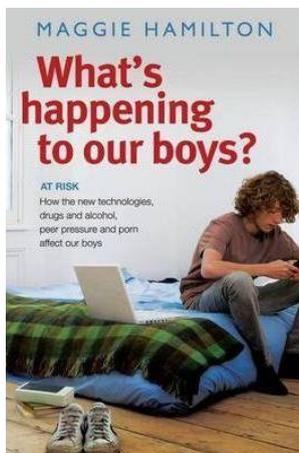


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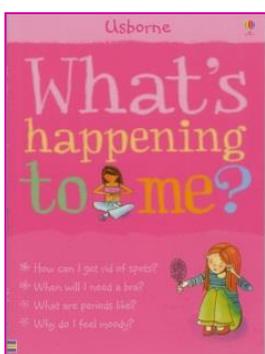
Why are girls as young as five years old concerned about their looks and addicted to shopping? Why are young teenage girls having sex and binge-drinking, responding to chat-room predators, and bullying their peers via email and text messages? Why are depression, cutting and eating disorders on the rise, and why, with so much choice when it comes to careers, do so many just want to marry young and have babies? Over two years Maggie Hamilton interviewed girls, teachers, school counsellors, psychologists, and law enforcement and medical personnel to get an insider's view on what girls are experiencing at present, from birth to the teenage years. Informed, revealing, compassionate and at times shocking, *What's Happening to Our Girls?* is a book for parents and all those who want to better understand and support girls.

\$26.95



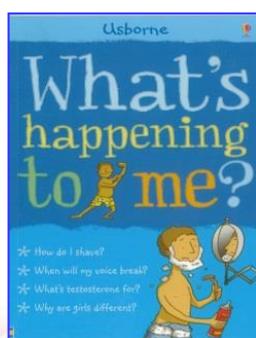
Following the success of *What's Happening to Our Girls?*, this book will investigate a wide range of the challenges boys and young men face as they grow up in the early 21st century. These include things such as increasing pressure on young boys to buy into consumerist culture, their exposure to violent video games, early sexualisation and exposure to pornography, the particular risks they face as young drivers, drugs and alcohol, mental health issues, safety on the internet, and bullying. That all sounds terrifying, but Maggie's emphasis is on finding solutions. She talks to a number of boys and their parents and teachers as well as professionals, and compiles a vast amount of evidence from various sources. This meticulously researched book will aim to confront the problems boys and young men face, and suggest positive and constructive ways to help them grow into resilient, productive and happy individuals

\$29.95



Growing up is a whole lot easier if you have some idea what to expect. This book describes what will happen to your body and explains some of your feelings too. It also explains what's happening to boys. For girls 8 years and older.

\$17.00



Suitable for boys 8 years and older this book explains how to take care of yourself including eating well, getting exercise and coping with other people. You might have noticed some changes happening to you already, or maybe there haven't been any yet. This book explains these changes including: getting hairy, shaving, your feelings, sweating, spots, bodily fluids and what's happening to girls.

\$17.00

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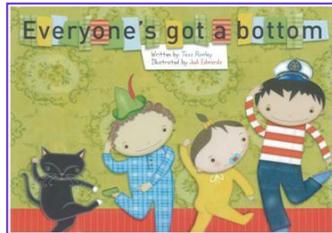
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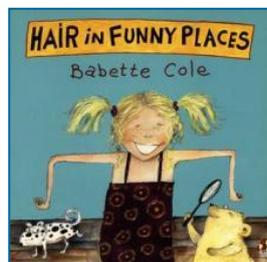


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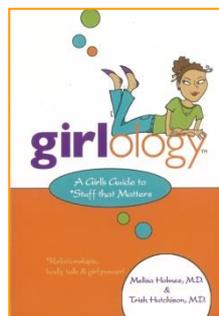
Everyone's got a bottom is a story about children keeping safe, in a style that is fun, positive and protective. It is a tool for parents & carers to gently start a conversation with children about protective behaviours.

\$16.00



Ted has seen many children grow up. In his wise but wildly funny way he explains how Mr and Mrs Hormone mix their outrageous potions that turn children into adults... with the best results of course!

\$17.95



In this book you will find straight-talk about: Friendship, Parents, Sex, Sexuality, Teen relationships, Media influences, Values, Decision making. The ultimate straight-talk book for teen girls (ages 11 and up)

\$29.95



Have you ever been bullied, felt depressed or stressed out? That you are misunderstood, maybe a little angry or a victim of life? This book has the magic tools to empower you for life. Light and easy to read, this book is designed to work through in sequence or choose the tools that work for you. Feel great about yourself, learn how special you really are and what wonderful things you have to offer.

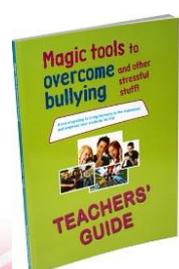
\$29.95

Teachers' Pack (includes 1 book, 1 teachers guide, 3 A4 posters, 3 wristbands)

A one-stop-shop for Health and Wellbeing curriculum program for personal and social development including: 40 flexible, easy to use lesson plans with student worksheets, seamlessly integrated into weekly or daily classes; 19 free colour downloads. Create a sense of harmony and empowerment in the classroom. Build a common and positive language. Truly connect with your students and build mutual respect.

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Separate Teachers' Guide available—\$59.95



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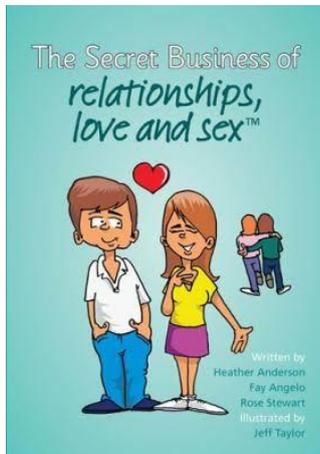
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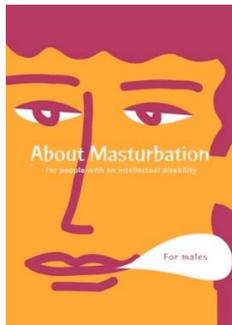


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This book introduces young people to the information they need as they develop during adolescence. It provides information about puberty, conception, pregnancy and birth. Importantly, the book explores the changing friendships and relationships experienced at this time, including:-Romantic relationships Sexual attraction Sexual decision making Gender identity and sexual preference Healthy relationships The book includes information every young person needs to know:-Emotional and physical safety Contraception Unplanned pregnancy Sexually Transmitted Infection (STI) Legal issues

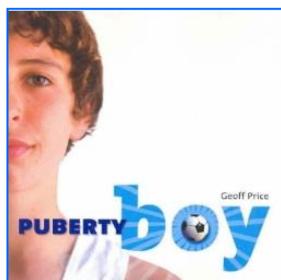
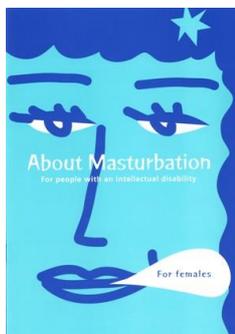
\$20.00



About Masturbation is an easy to read book that has been especially designed to help people with intellectual disability, staff and families with issues around masturbation. With an illustrated social story and notes to assist staff and families in educating about appropriate behaviour, organisations and families will find this a most useful resource

The book comes in two versions (males and females)

\$5.00each



Puberty Boy explains the transition boys need to go through to become healthy young men in a unique, colourful and commonsense way. This book tells you what puberty is, when it happens and how your body will change and even tackles how to talk to girls!

It is an essential guide for boys, parents, carers and teachers.

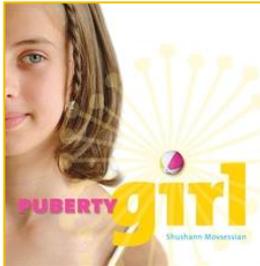
\$26.95

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Whether or not you've started seeing the signs of your body changing, Puberty Girl will bring new meaning and understanding to a young girls tween years. This beautifully illustrated book lets you know what to expect, physically and emotionally, as you tread the path to becoming a woman.

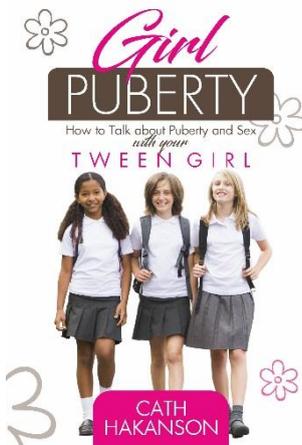
\$26.95



Carmen wants to scream and shout...she wants to run and hide...

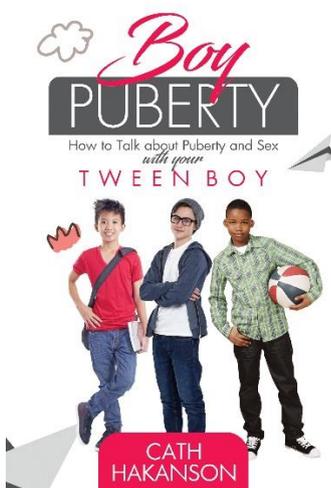
By experimenting with ways to cope with her emotions, Carmen discovers the power of asking for help.

\$12.00



A straight forward common sense book for parents on how to talk about puberty and sex with their tween girls (9-13).

\$19.99



A straight forward common sense book for parents on how to talk about puberty and sex with their tween boys (9-13).

\$19.99

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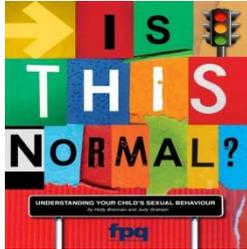
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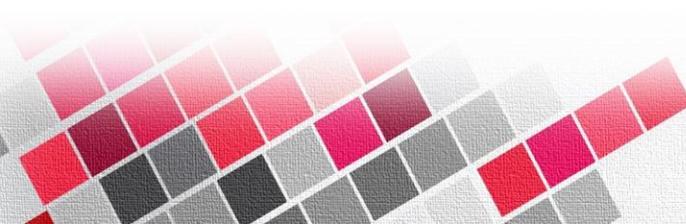
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A book for understanding your child's sexual behaviour.

“This is a clearly written resource for parents that draws on principles identified in the latest research about sexuality, development, and the safety and wellbeing of young people. It provides practical suggestions that support parents and carers to feel more comfortable about the area of sexuality and young people.”

\$14.90



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