

# SoSAFE! Professional Learning



Family Planning Tasmania  
sexuality education & clinical services

The SoSAFE! Tools (together with SoSAFE! Professional Learning) provide professionals with skills and simple visual tools to enhance the social, social-sexual and social safety learning of people with moderate to severe intellectual disability.

## Professional Learning

SoSAFE! professional learning is a one day program offered regularly throughout the year. It can also be delivered in the workplace at a time that suits the needs of an organisation's staff.

SoSAFE! professional learning will benefit anyone supporting a person with a moderate to severe intellectual disability or Autism Spectrum Disorder. This includes family members, as well as professionals such as teachers, teacher assistants, disability support workers, psychologists and social workers.

All participants receive a manual and the resources required to use SoSAFE!

## The SoSAFE! Program

The SoSAFE! Program is designed to promote social safety for people with moderate to severe intellectual disability or Autism Spectrum Disorder.

The SoSAFE! program uses a standardised framework of concepts, symbols and visual lesson materials to teach the type and degree of communicative and physical intimacy appropriate with different groups of people in an individual's life. The program also teaches strategies for moving into intimate relationships in a safe and measured manner.

The explicit, rule based format allows the learner to respond to situations, including intimate relationships, without having to make discretionary decisions.

## Social Safety

Social safety training is essential for people with moderate to severe intellectual disability and/or autism spectrum disorder because of their vulnerability to physical and sexual abuse.

The SoSAFE! program provides visual and conceptual tools specifically designed to meet this need.

## Evidence Based

SoSAFE!'s design takes into account empirical evidence about the common communication, social and cognitive characteristics of people with moderate to severe intellectual disability or autism spectrum disorder.

Also integral to its design is the use of empirically-validated instructional strategies for these populations of clients. These include systematic instruction and the extensive use of Augmentive and Alternative Communication, in the form of visual supports.

## What Participants Say

96% of participants who attend SoSAFE! professional learning say that the program increases their knowledge about social and sexual safety for people with an intellectual disability.

## To book or find out more:



Email us at [edinfo@fpt.asn.au](mailto:edinfo@fpt.asn.au)



Call us on (03) 6273 9117



For 45 years, FPT has been Tasmania's leading provider of sexual and reproductive health services. We are a values based, not-for-profit organisation and are part of a national network of Family Planning organisations.