

Why Should I

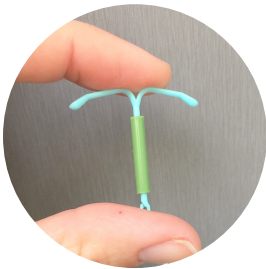
GET LARCEd?

LARC stands for Long Acting Reversible Contraception

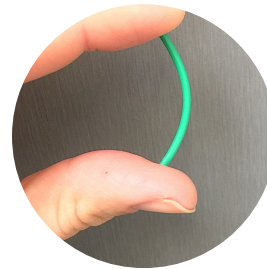


LARCs are 99% effective at preventing pregnancy

Types of LARC



Intra-uterine Device (IUD)
IUDs are small T-shaped devices that are inserted into your uterus.



Implanon
Implanon is a 4 cm long, soft plastic bar that is inserted into your arm.

How do I get LARCEd?



Step 1

Talk to a Family Planning Tasmania doctor or nurse or your regular GP and get a script



Step 2

Have your LARC implanted or inserted



Step 3

Relax knowing that LARCs can prevent unwanted pregnancy for 3-10 years

Go to www.fpt.asn.au for more information or to contact Family Planning Tasmania



Family Planning Tasmania
sexuality education & clinical services

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