

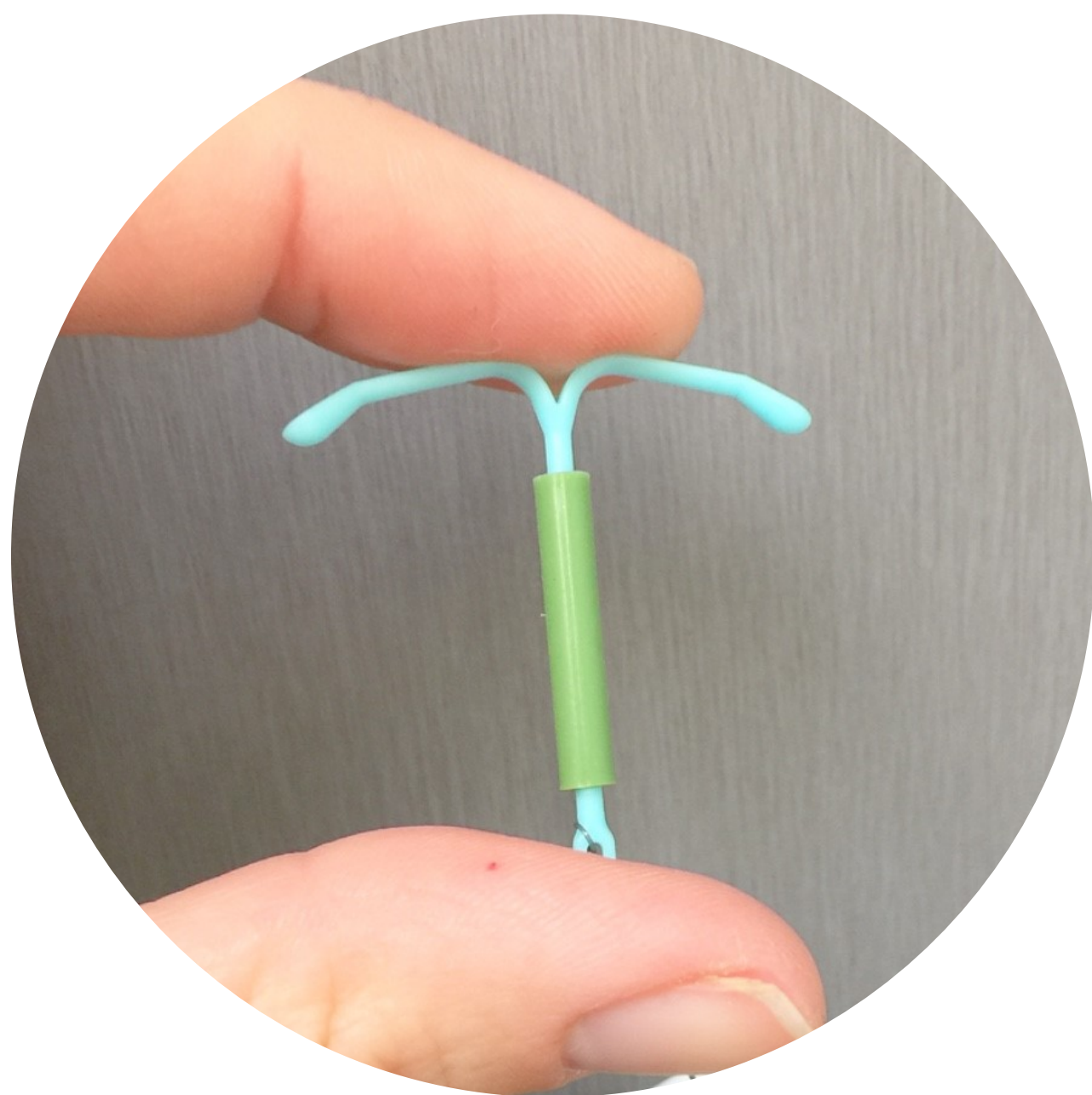
Why should I get an

IUD?

IUD stands for intra-uterine device



IUDs are 99% effective at preventing pregnancy.



IUDs are small, flexible T-shaped devices that are inserted into your uterus by a specially trained doctor to prevent unplanned pregnancies.

IUDs are a type of Long Acting Reversible Contraception (LARC) and are extremely effective at preventing unplanned pregnancy.

There are two types of IUD available in Australia: the hormonal IUD (Mirena) and the copper IUD.

How can I get an IUD?



Step 1

Talk to a Family Planning Tasmania doctor or nurse or your regular GP and get a script



Step 2

Have your IUD inserted



Step 3

Relax knowing that IUDs can prevent unwanted pregnancy for 5-10 years