

Emergency Contraception ?

Emergency Contraception is sometimes referred to as "EC" or the 'The Morning After Pill'

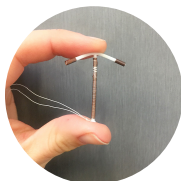


Emergency Contraception works better the sooner you have it.

There are 2 types of Emergency Contraception



1. "EC" Pills are most effective if started within 24 hours after unprotected sex. They can be used up to 3-5 days after, depending on which one you get. 85%-99% effective



2. The Copper IUD can be used as an effective "EC" method if inserted up to 5 days after unprotected sex. This option is not suited to everyone & can only be inserted by trained doctors. 99.8% effective.

How can I get Emergency Contraception (EC)?

Option 1

You can get "EC" pills from a pharmacy without a script



What Next



- You will need to have a pregnancy test 3 weeks after EC
- Start a Contraceptive method
- Get a STI Check

Option 2

You can contact your local Family Planning Clinic to get EC pills or have an IUD inserted



Family Planning Tasmania provides information about all of these services

