

# Professional Learning 2019



Family Planning Tasmania  
sexuality education & clinical services

Family Planning Tasmania provides a range of professional development workshops to the education, disability and community sectors.

Contact FPT for a tailored professional learning solution for your school or organisation at [edinfo@fpt.asn.au](mailto:edinfo@fpt.asn.au)

## RSE (Primary)

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Participants of this Professional Learning Workshop will develop practical skills in teaching Relationships and Sexuality Education to students from Foundation to Year 6. Participants will examine current knowledge and methods of best practice in the area of Relationships and Sexuality Education.

## RSE (Secondary)

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Participants of this Professional Learning Workshop will develop practical skills for teaching Relationships and Sexuality Education to secondary students. Participants will examine current knowledge and methods of best practice in the areas of harm minimisation, sexual decision making and respectful relationships.

## SoSAFE!

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The *SoSAFE!* program is a set of visual and conceptual tools designed to promote social safety for people with moderate to severe intellectual disability (MSID) and/or autism spectrum disorder (ASD), those who have additional needs such as experience of trauma. *SoSAFE!* provides teachers, counsellors, and other professionals with simple visual tools to enhance the relationships, and social safety training of these individuals.

## Managing Challenging Social & Sexual Behaviours

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Participants will develop an understanding of sexuality, social and sexual development. There will be a focus on identifying typical and atypical social and sexual behaviours and implementing intervention and support strategies.

## Social Safety & Childhood Sexual Development

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Sexual development begins at birth and plays an important role in health and wellbeing and the development of respectful relationships. How can staff working with children support them to develop knowledge, skills, values and attitudes that promote social, emotional, physical and sexual safety and well-being? Participants will develop an understanding of when and how to address childhood sexual behaviours.

## Understanding Adolescent Sexuality

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Do you work with young people in the education and community sectors? This workshop will build your knowledge and confidence in working with young people and supporting the development of respectful relationships and supporting access to sexual and reproductive health information and services.

## Sexuality & Aged Care

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Do you work with people in an aged care environment? This workshop will build your understanding of sexuality and the sexual health needs of the people you care for. There is a focus on communicating about sexuality and sexual behaviours; rights and responsibilities of residents and staff; public and private issues; responding to concerns.

## Disability & Sexuality/ASD & Sexuality

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Participants will develop an understanding of sexuality and the rights, responsibilities and needs of people with a disability. Depending on your organisation this workshop can look broadly at disability or focus upon ASD.