

Negative blood type and pregnancy



Easy English



Hard words

This book has some hard words.

The first time we write a hard word

- the word is in **blue**

- we write what the hard word means.

You can get help with this book



You can get someone to help you

- read this book

- know what this book is about



- find more information.

About this book



This book is written by
Family Planning Tasmania.



This book is about negative blood types
and pregnancy.

Blood types



Blood cells have proteins.

One of the proteins is called **Rhesus** or Rh Factor.

If your blood cells have the Rhesus protein your blood type is positive.

If your blood cells do **not** have the Rhesus protein your blood type is negative.



Your test today says your blood type is **negative**.

Negative blood type



When you are pregnant blood cells from the **fetus** go into your body.

The fetus is what grows in the uterus when you are pregnant.

If the fetus has a positive blood type your body may make **antibodies**.

Antibodies are chemicals your body makes to fight different things. The antibodies stay in your blood.

The antibodies do **not** hurt you.

But the antibodies can cause problems if you get pregnant again.



An injection of **Anti-D** can stop problems if you get pregnant again.

Anti-D is a type of medicine. You will get a small needle in your arm.

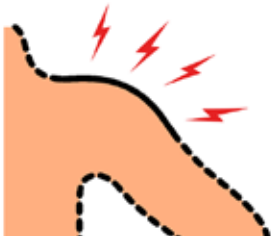
Side effects

A **side effect** is something that can happen when you take medicine.

For example, you might feel sick.

Anti-D does **not** have many side effects.

For example, you might have



- a sore arm where you had the needle
- swelling in your arm where you had the needle
- a high temperature.



More information

For more information contact
Family Planning Tasmania



Call

Hobart 03 6273 9117

Launceston 03 6343 4566

Burnie 03 6431 7692

Monday to Friday between 9am - 5pm



Website www.fpt.asn.au



Email info@fpt.asn.au



If you need help to speak or listen

Contact Family Planning Tasmania through the
National Relay Service or NRS.

Call the NRS help desk

1800 555 660

Go to the NRS website

communications.gov.au/accesshub/nrs

© Scope (Aust) Ltd. You may use this document for your own personal, non-commercial purposes only. You must not use the document for any other purpose and must not copy, reproduce, digitise, communicate, adapt or modify the document, or any part of it, (or authorise any other person to do so) without the prior consent of Scope (Aust) Ltd.

Scope's Communication and Inclusion Resource Centre wrote the Easy English version for Family Planning Victoria in 2015, who gave permission for this document to be modified for Family Planning Tasmania in August, 2019.

To contact Scope call 1300 472 673 or visit www.scopeaust.org.au

To see the original contact Family Planning Tasmania info@fpt.asn.au or visit www.fpt.asn.au

The Picture Communication Symbols ©1981–2019 by Tobii Dynavox.

All Rights Reserved Worldwide. Used with permission.

Boardmaker® is a trademark of Tobii Dynavox.

